

## Topic

### Developing Talent

- What is talent? Do we all have the same understanding about what it is?
- What are the characteristics of a talented athlete?
- Talent identification vs talent development.
- Implications for coaching practice?

The speaker will share examples and provide evidence from the world of sports science and talent research enable the coaches to identify improvement that they could make to their role as a Talent Development coach.

**Speaker: Stuart Armstrong Development Lead Officer – Talent, sports coach UK**

### Profile

Sports Science Graduate from UWIC, has worked in sports development for the past 15 years, the last 12 of which has been spent in golf. Led the design team that created 'Tri-Golf' a primary school golf initiative that has been successful in providing over 10 million children with the chance to experience golf worldwide since its launch in 2000.

Became the lead officer for Talent and Coaching in 2005 working directly for the 2 Performance Directors for Men's and Women's golf to implement improvements in delivery across all levels of the talent pathway. Designed and implemented the 'Club and Coach Programme' in golf which is now embedded within the golf talent pathway in England. The programme was rolled out across England on a county by county basis and established for the first time the concept targeted training for the coaches involved in the delivery of the coaching for the talented youngsters and was delivered in the form of monthly breakfast clubs. Delivered talent development training as the starting point for every county in England and presented at numerous conferences both within and outside golf.

I am a level 3 hockey coach and have coached at all levels of the talent pathway in hockey from club to international. I was assistant coach to the English Universities team and head coach of the England mixed team. I have coached county hockey at all age groups from u16 to full county representation. I have also been coaching at various hockey clubs for over 15 years and have coached teams in the National League.

I have mentored a number of golf coaches including several working at international level and on the European Tour. I am also a Golf performance coach working one to one with a number of golfers ranging from young players with potential to touring professionals